WHAT IS CLAIMED IS:

- 1. A memory device having a destructive read process, comprising:
 - at least one block of memory cells;
 - a metadata block associated with each of the blocks of memory cell;
- a counter within each metadata block, wherein the counter is operable to track usage of the block of memory cells associated with the metadata block.
 - 2. The memory device of claim 1, wherein the memory device further comprises a polymer ferroelectric memory device.
- 3. The memory device of claim 1, wherein the memory device is used as a diskreplacement.
 - 4. The memory device of claim 1, wherein the memory device is used as a non-volatile cache memory.
 - 5. The memory device of claim 1, wherein the metadata block further comprises flags set and reset during cache operations.
- 6. A method of tracking usage of a destructive read memory device, the method comprising:

participating an a memory access cycle;

incrementing a counter producing an incremented counter, wherein the counter is contained in metadata for a block participating in the memory access cycle; updating a preexisting error correction code producing an updated error correction code, wherein the error correction code includes new data from the memory access cycle and the incremented counter; and determining if the counter exceeds a predetermined threshold.

- 7. The method of claim 6, wherein the memory access cycle further comprises:
- reading a sector of memory; and

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correcting data from the sector of memory as necessary using the preexisting error correction code producing corrected data.

- 8. The method of claim 7, wherein the method further comprises writing the corrected data, the incremented counter and the updated error correction code to the memory block.
- 9. The method of claim 6, wherein the memory access cycle further comprises erasing a sector and reading the counter.
- 10. The method of claim 9, wherein the method further comprises writing new data, the incremented counter, and the updated error correction code to the memory sector previously erased.
- 11. The method of claim 6, wherein incrementing a wear out counter further comprises:

generating a random number;

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comparing the random number to a scaling threshold;

incrementing the wear out counter, if the random number is less than the scaling threshold;

writing the wear out counter to a metadata block of a memory.

- 12. The method of claim 6, wherein incrementing a wear out counter further comprises:
- incrementing a second counter for each memory access cycle;

 determining if the second counter has reached a value substantially equal to a
 number of bits for the wear out counter divided by a usage threshold; and
 incrementing the wear out counter if the second counter has reached the value.
 - 13. A method of updating a counter, the method comprising:

25 generating a random number;

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comparing the random number to a scaling threshold; incrementing the counter, if the random number has a predetermined relationship to the scaling threshold; writing the incremented counter to a metadata block of a memory.

- 5 14. The method of claim 13, wherein the number of bits for a counter is four.
 - 15. The method of claim 13, wherein the predetermined relationship further comprises the random number being less than the scaling threshold.
 - 16. A method comprising:

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comparing a random number to a first predetermined threshold according to a criterion; and

if the random number meets the criterion, incrementing a counter.

- 17. The method of claim 16 further comprising storing the incremented counter.
- 18. The method of claim 16, wherein the counter is used in a destructive read memory.
- 15 19. The method of claim 16, wherein the counter is used in a polymer ferroelectric memory.
 - 20. A memory device, comprising:

at least one block of memory cells;

a metadata block associated with each of the blocks of memory cell;

- a counter located on the memory device associated with each metadata block, wherein the counter is operable to track usage of the block of memory cells associated with the metadata block.
- 21. The memory device of claim 20, wherein the memory device further comprises a polymer memory device.

- 22. The memory of claim 20, wherein the memory device further comprises a ferroelectric memory device.
- 23. The memory device of claim 20, wherein the memory device is used as a disk replacement.
- 5 24. The memory device of claim 20, wherein the memory device is used as a non-volatile cache memory.
 - 25. The memory device of claim 20, wherein the metadata block further comprises flags set and reset during cache operations.
 - 26. A method of tracking usage of a memory device, the method comprising:
- participating an a memory access cycle;
 incrementing a counter producing an incremented counter, wherein the counter is associated with a metadata block for a block participating in the memory access cycle;
 - updating a preexisting error correction code producing an updated error correction code, wherein the error correction code includes new data from the memory access cycle and the incremented counter; and determining if the counter exceeds a predetermined threshold.
 - 27. The method of claim 26, wherein incrementing a counter further comprises incrementing a hardware counter implemented in logic on the memory device.
- 20 \ 28. The method of claim 26, the method comprising tracking usage of a polymer memory device.

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